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OBJECTIVES YEAR 1	• I am learning to feel special and safe in my class. • I am learning to understand that I belong to a class. • I am learning to understand how I can make my class a safe place for everybody to learn. • I am learning to recognise how it feels to be proud of an achievement. • I am learning to recognise the range of feelings that are felt when I face consequences. • I am learning to create a class learning charter.	• I am learning to identify similarities between people in my class. • I am learning to identify differences between people in my class. • I am learning to identify differences between people in my class. • I am learning to recognise people I could talk to if I was feeling unhappy or being bullied. • I am learning to understand how to make new friend. • I am learning to explain how I am different from my friend	• I am learning to set simple goals. • I am learning to set a goal and the steps needed to achieve it. • I am learning to understand what it takes to work well with a partner. • I am learning to tackle new challenges and understand how challenges can stretch my learning. • I am learning to identify obstacles which make it difficult to achieve challenges and understand how to overcome them. • I am learning to identify how I feel when I succeed in a challenge and how I celebrate my achievements.	• I am learning to understand the differences between being healthy and unhealthy. • I am learning to understand how to make healthy lifestyle choices and different ways to keep myself healthy. • I am learning to know how to keep myself clean and healthy and that germs can cause illness. • I am learning to understand that medicine can help to keep me healthy and how to use medicines safely. • I am learning to understand road safety and the different people who keep me safe in my community. • I am learning to identify why my body is amazing and identify ways to keep it safe and healthy.	• I am learning to identify the members of my family and understand that there are lots of different types of families. • I am learning to identify what being a good friend means to me. • I am learning to understand appropriate ways of physical contact to greet my friends and know which ways I prefer. • I am learning to understand who can help me in my school community. • I am learning to recognise my qualities as person and a friend. • I am learning to explain why I appreciate someone who is special to me.	• I am learning to understand the life cycles of animals and humans. • I am learning to understand that things about me have changed and some havae stayed the same. • I am learning to explain how my body has changed since I was a baby. • I am learning to identify the parts of the body that make boys different to girls and can use the correct names for these. • I am learning to understand that every time I learn something new I change a little bit. • I am learning to explain changes that have happened in my life

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OBJECTIVES YEAR 2	• I am learning to identify some of my hopes and fears for this year. • I am learning to understand the rights and responsibilities for being a member of my class and school. • I am learning to understand the rights and responsibilities for being a member of my class. • I am learning to listen to others and contribute my ideas about rewards and consequences. • I am learning to understand that following the Learning Charter will help me and others learn. • I am learning to recognise the choices that I make and understand the consequences.	• I am learning to understand that sometimes people make assumptions about boys and girls (stereotypes) • I am learning to understand that sometimes people make assumptions about boys and girls (stereotypes). • I am learning to understand that bullying is sometimes about difference. • I am learning to recognise what is right and wrong and know how to look after myself. • I am learning to understand that it is OK to be different from other people and to be friends with them. • I am learning to understand ways that I am different from my friends	• I am learning to choose a realistic goal and think about how to achieve it. • I am learning to carry on trying (persevering) even when I find things difficult. • I am learning to recognise who I work well with and who it is more difficult for me to work with. • I am learning to work well in a group to solve problems. • I am learning to discuss ways I worked well with my group. • I am learning to understand how to share success with other people.	• I am learning to understand what I need to keep my body healthy. • I am learning to understand what relaxed means and I know some strategies to make me feel relaxed. • I am learning to understand how medicines work in my body and how important it is to use them safely. • I am learning to sort foods into the correct food groups and know which foods my body needs every day to keep me healthy. • I am learning to make some healthy snacks and explain why they are good for my body. • I am learning to decide which foods to eat to give my body energy.	• I am learning to identify the different members of my family. • I am learning to understand my relationship with each of my family members and know why it is important to share and cooperate. • I am learning to understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not. • I am learning to identify some of the things that cause conflict with my friends. • I am learning to understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret	• I am learning to recognise cycles of life in nature. • I am learning about the natural process of growing from young to old and understand that this is not in my control. • I am learning to recognise how my body has changed since I was a baby and where I am on the continuum from young to old. • I am learning to understand that boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private. • I am learning to understand there are different types of touch and can tell you which ones I like and don't like. • I am learning to identify what I am looking forward to when I move to my next class

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OBJECTIVES YEAR 3	• I am learning to recognise my worth and can identify positive things about myself and my achievements. I can set personal. • I am learning to I face new challenges positively, make responsible choices and ask for help when I need it. • I am learning to understand why rules are needed and how they relate to rights and responsibilities. • I am learning to understand that my actions affect myself and others and I care about other people's feelings. • I am learning to make responsible choices and act. • I am learning to understand my actions affect others and try to see things from their points of view	• I am learning to understand that everybody's family is different and important to them. • I am learning to understand that differences and conflicts sometimes happen among family members. • I am learning to what it means to be a witness to bullying. • I am learning to know that witnesses can make the situation better or worse by what they do. • I am learning to recognise that some words are used in hurtful ways. • I am learning to understand a time when my words affected someone's feelings and what the consequences were	• I am learning discuss a person who has faced difficult challenges and achieved success. • I am learning to identify a dream/ambition that is important to me. • I am learning to understand that facing new challenges and working out the best ways for me to achieve them. • I am learning to understand that I am motivated and enthusiastic about achieving our new challenge. • I am learning to recognise obstacles which might hinder my achievement and can take steps to overcome them. • I am learning to evaluate my own learning process and identify how it can be better next time	• I am learning to understand how exercise affects my body and know why my heart and lungs are such important organs. • I am learning to understand that the number of calories, fat and sugar I put into my body will affect my health. • I am learning to explain my knowledge and attitude towards drugs. • I am learning to identify things, people and places that I need to keep safe from know some strategies for keeping myself safe, who to go to for help and how to call emergency services. • I am learning to identify when something feels safe or unsafe. • I am learning to understand how complex my body is and how important it is to take care of it	• I am learning to identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females. • I am learning to identify and put into practice some of the skills of friendship eg. taking turns, being a good listener. • I am learning to understand some strategies for keeping myself safe online. • I am learning to explain how some of the actions and work of people around the world help and influence my life. • I am learning to understand how my needs and rights are shared by children around the world and can identify how our lives may be different. • I am learning to know how to express my appreciation to my friends and family	• I am learning to understand that in animals and humans lots of changes happen between birth and growing up, and that usually it is the female who has the baby. • I am learning to understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow. • I learning to understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process. • I am learning to identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. • I am learning to recognise stereotypical ideas I might have about parenting and family roles • I am learning to identify what I am looking forward to when I move to my next class

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OBJECTIVES YEAR 4	• I am learning to understand attitudes and actions make a difference to the class team • I am learning to understand who is in my school community, the roles they play and how I fit in • I am learning to understand how democracy works through the School Council • I am learning to understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them • I am learning to understand how groups come together to make decisions • I am learning to understand how democracy and having a voice benefits the school community	• I am learning to understand that, sometimes, we make assumptions based on what people look like. • I am learning to understand what influences me to make assumptions based on how people look. • I am learning to understand that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure. • I am learning to understand why witnesses sometimes join in with bullying and sometimes don't tell. • I am learning to identify what is special about me and value the ways in which I am unique. • I am learning to say a time when my first impression of someone changed when I got to know them	• I am learning to tell you about some of my hopes and dreams. • I am learning to understand that sometimes hopes and dreams do not come true and that this can hurt. • I am learning to know that reflecting on positive and happy experiences can help me to counteract disappointment. • I am learning to know how to make a new plan and set new goals even if I have been disappointed. • I am learning to know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group. • I am learning to identify the contributions made by myself and others to the group's achievement.	• I am learning to recognise how different friendship groups are formed, how I fit into them and the friends I value the most. • I am learning to understand there are people who take on the roles of leaders or followers in a group, and I know the role I take on in different situations. • I am learning to understand the facts about smoking and its effects on health, and also some of the reasons some people start to smoke. • I am learning to understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcohol. • I am learning to recognise when people are putting me under pressure and can explain ways to resist this when I want • I am learning to understand myself well enough to have a clear picture of what I believe is right and wrong	• I am learning to recognise situations which can cause jealousy in relationships. • I am learning to identify someone I love and can express why they are special to me. • I am learning to tell you about someone I know that I no longer see. • I am learning to recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends. • I am learning to understand what having a boyfriend/ girlfriend might mean and that it is a special relationship for when I am older. • I am learning to know how to show love and appreciation to the people and animals who are special to me	• I am learning to understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm. • I am learning to correctly label the internal and external parts of male and female bodies that are necessary for making a baby. • I am learning to describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this • I am learning to know how the circle of change works and can apply it to changes I want to make in my life. • I am learning to identify changes that have been and may continue to be outside of my control that I learnt to accept • I am learning to identify what I am looking forward to when I move to a new class

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OBJECTIVES YEAR 5	• I am learning to face new challenges positively and know how to set personal goals. • I am learning to understand my rights and responsibilities as a citizen of my country • I am learning to understand my rights and responsibilities as a citizen of my country and as a member of my school. • I am learning to understand my rights and responsibilities as a citizen of my country and as a member of my school. • I am learning to understand how an individual's behaviour can impact on a group. • I am learning to understand how democracy and having a voice benefits the school community and know how to participate in this	• I am learning to understand that cultural differences sometimes cause conflict. • I am learning to understand what racism is. • I am learning to understand how rumour-spreading and name-calling can be bullying behaviours. • I am learning to explain the difference between direct and indirect types of bullying. • I am learning to compare my life with people in the developing world. • I am learning to understand a different culture from my own.	• I am learning to understand that I will need money to help me achieve some of my dreams. • I am learning to know about a range of jobs carried out by people I know and have explored how much people earn in different jobs. • I am learning to identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it. • I am learning to describe the dreams and goals of young people in a culture different to mine. • I am learning to understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other. • I am learning to encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship.	• I am learning to know the health risks of smoking and can tell you how tobacco affects the lungs, liver and heart. • I am learning to know some of the risks with misusing alcohol, including anti-social behaviour, and how it affects the liver and heart. • I am learning to put into practice basic emergency aid procedures (including recovery position) and know how to get help in emergency situations. • I am learning to understand how the media, social media and celebrity culture promotes certain body types. • I am learning to describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures. • I am learning to know what makes a healthy lifestyle including healthy eating and the choices I need to make to be happy and healthy.	• I am learning to have an accurate picture of who I am as a person in terms of my characteristics and personal qualities. • I am learning to understand that belonging to an online community can have positive and negative consequences. • I am learning to understand there are rights and responsibilities in an online community or social network. • I learning to know there are rights and responsibilities when playing a game online. • I am learning to recognise when I am spending too much time using devices (screen time). • I am learning to explain how to stay safe when using technology to communicate with my friends.	• I am learning to understand my own self-image and how my body image fits into that. • I am learning to explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally. • I am learning to describe how boys' and girls' bodies change during puberty. • I am learning to understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby. • I am learning to identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent). • I am learning to identify what I am looking forward to when I move to my next class

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OBJECTIVES YEAR 6	• I am learning to identify my goals for this year, understand my fears and worries about the future and know how to express them. • I am learning to know that there are universal rights for all children but for many children these rights are not met. • I am learning to understand that my actions affect other people locally and globally. • I am learning to make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities. • I am learning to understand how democracy and having a voice benefits the school community	• I am learning to understand there are different perceptions about what normal means. • I am learning to understand how being different could affect someone's life. • I am learning to explain some of the ways in which one person or a group can have power over another. • I am learning to know some of the reasons why people use bullying behaviours. • I am learning to give examples of people with disabilities who lead amazing lives. • I am learning to explain ways in which difference can be a source of conflict and a cause for celebration	• I am learning to know my learning strengths and can set challenging but realistic goals for myself • I am learning to work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these. • I am learning to identify problems in the world that concern me and talk to other people about them. • I am learning to work with other people to help make the world a better place. • I am learning to describe some ways in which I can work with other people to help make the world a better place. • I am learning to know what some people in my class like or admire about me and can accept their praise	• I am learning to take responsibility for my health and make choices that benefit my health and well-being. • I am learning to know about different types of drugs and their uses and their effects on the body particularly the liver and heart. • I am learning to understand that some people can be exploited and made to do things that are against the law. • I am learning to know why some people join gangs and the risks this involves. • I am learning to understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness. • I am learning to recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse.	• I am learning to know that it is important to take care of my mental health. • I am learning to know how to take care of my mental health. • I am learning to understand that there are different stages of grief and that there are different types of loss that cause people to grieve. • I am learning to recognise when people are trying to gain power or control. • I am learning to judge whether something online is safe and helpful for me. • I am learning to use technology positively and safely to communicate with my friends and family	• I am learning to be aware of my own self-image and how my body image fits into that. • I am learning to explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally. • I am learning to describe how a baby develops from conception through the nine months of pregnancy, and how it is born. • I am learning to understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend. • I am learning to be aware of the importance of a positive self-esteem and what I can do to develop it. • I am learning to identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class